

(CANADIAN ISD)

BREAKFAST MENU – ELEMENTARY and SECONDARY

September 2011

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Variety of Low Fat & Fat Free Milk Choice			1 Waffle w/Syrup Biscuit w/Sausage Cereal Variety w/Toast Baked Cinnamon Apples Fruit Juice	2 Breakfast Pizza Cereal Variety w/Toast Baked Cinnamon Apples Fruit Juice
5 Labor Day Holiday	6 Breakfast Hot Pocket Scrambled Eggs w/Ham & Toast Oatmeal w/Cinnamon Cereal Variety w/ Cinnamon Toast Chilled Pears Fruit Juice	7 Waffle w/Syrup Breakfast Pizza Cereal Variety w/Toast Chilled Applesauce Fruit Juice	8 Chicken Biscuit Cheese Toast w/Ham Cereal Variety w/Toast Fresh Orange Smiles Fruit Juice	9 Cheese Omelet Cereal Variety w/Toast Chilled Fruit Fruit Juice
12 (Ham, Egg, Cheese) Biscuit Blueberry Bagel w/Cream Cheese Cereal Variety w/Toast Rosy Applesauce Fruit Juice	13 Breakfast Taco Yogurt & Fruit Parfait Cereal Variety w/Toast Chilled Mixed Fruit Fruit Juice	14 Pancake on a Stick w/Syrup Cereal Variety w/Toast Chilled Mixed Fruit Fruit Juice	15 Breakfast on a Bun (Egg, Sausage Patty, Cheese) Cheese Omelet Cereal Variety w/Toast Fresh Chilled Fruit Fruit Juice	16 "Homemade Style" Cinnamon Rolls Cereal Variety w/Toast Chilled Peaches Fruit Juice
19 Biscuit & Gravy w/Sausage Patty Breakfast Pizza Cereal Variety w/Toast Fresh Chilled Fruit Fruit Juice	20 Breakfast Hot Pocket Scrambled Egg w/Ham & Toast Grits Cereal Variety w/Toast Chilled Peaches Fruit Juice	21 Waffle w/Syrup Breakfast Pizza Cereal Variety w/Toast Fresh Orange Smiles Fruit Juice	22 Cheesy Scrambled Eggs Sliced Ham & Biscuit Cereal Variety w/Toast Chilled Pears Fruit Juice	23 Blueberry Muffin Cereal Variety w/Toast Rosy Applesauce Fruit Juice
26 Chicken Biscuit Cheese Omelet Cereal Variety w/Toast Fresh Orange Smiles Fruit Juice	27 Breakfast Burrito French Toast Sticks Cheese Toast w/Ham Cereal Variety w/Toast Chilled Fruit Fruit Juice	28 Pancake on a Stick w/Syrup Cereal Variety w/Toast Chilled Mixed Fruit Fruit Juice	29 Banana Nut Muffin Biscuit & Gravy Cereal Variety w/Toast Chilled Mixed Fruit Fruit Juice	30 "Homemade Style" Cinnamon Rolls Cereal Variety w/Toast Chilled Peaches Fruit Juice