

CES & BES


Student Breakfast ...\$1.00
 Student Lunch\$1.75
 Adult Lunch\$1.25
 Visitor Lunch\$4.00

September 2011

CMS & CHS

Student Breakfast ...\$1.00 Student Visitor Breakfast ...\$1.50
 Student Lunch\$2.00 Student Visitor Lunch\$2.50
 Adult Breakfast\$1.25 Adult Visitor Breakfast.....\$1.50
 Adult Visitor Lunch ...\$4.00 Student 2nd Tray\$1.75

Canadian ISD Elementary and Baker Lunch Menu PK - 5th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 OVEN ROASTED CHICKEN STEAKFINGERS w/ gravy Mashed Potatoes Mixed Vegetables Garden Salad / Wheat Roll Chilled Mixed Fruit Chocolate Pudding	PEANUNT BUTTER AND JELLY SANDWICHES CHEESE STICKS APPLE CARROT STICKS LITE RANCH COOKIES2
5 LABOR DAY HOLIDAY	6 BAKED POTATO w/Broccoli & Cheese CRISPY CHICKEN on Bun Corn on Cobb/ Baked Chips Garden Salad Chilled Mixed Fruit Wheat Roll	7 HOMESTYLE PIZZA (Pepperoni or Cheese) BEEF RAVOLI Italian Blend Veg Carrot Stick / Garden Salad Chilled Pineapple Tidbits Garlic Bread	8 TWIN CRISPY TACOS CHICKEN FAJITAS Seasoned Pinto Beans Fiesta Rice / Steamed Broccoli Lettuce and Tomato Chilled Peaches	9 CORN DOG Potato Smiles Mixed Vegetables Garden Salad / Blushy Pears Fresh Fruit
12 POPCORN CHICKEN SALISBURY STEAK Mashed Potatoes & Gravy Seasoned Green Beans Garden Salad Chilled Mandarin Oranges Wheat Roll	13 BEEFY NOCHOS TOASTED CHEESE SAND Baked Chips Fresh Broccoli w/ Ranch Garden Salad Chilled Mixed Fruit Chocolate Chip Cookie	14 SPAGHETTI w/ MEAT SAUCE MEATLOAF Zucchini and Tomatoes Seasoned Corn Garden Salad Fruited Jel-0 Orange Smiles Garlic Bread Sticks	15 OVEN FRIED CHICKEN CHICKEN FRIED STEAK w/gravy Scalloped Potatoes Seasoned Mixed Vegetables Garden Salad Apple Crisp Wheat Rolls	16 ORANGE CHICKEN w/ Rice and Egg Roll Oriental Blend Garden Salad Chilled Peaches Fresh Fruit Wheat Roll
19 CHILIMAC Mashed Potatoes Peas -n- Carrots Garden Salad Chilled Mixed Fruit Wheat Roll	20 CHEESY CHICKEN & RICE HAMBURGER Baked Chips/ Hamburger Salad Chilled Peaches ITALIAN PASTA SALAD Sugar Cookie	21 HOMESTYLE PIZZA (Pepperoni or Cheese) CHICKEN ALFREDO over Pasta Italian Blend Veg Glazed Carrots / Garden Salad Rosy Applesauce	22 CHICKEN FAJITAS BEEF BURRITO w/ Chili and Cheese Seasoned Pinto Beans Spanish Rice Lettuce and Tomatoes Cherry Cobbler	23 BAR BQ BEEF ON BUN Baked French Fries Broccoli w/ Cheese Carrot Sticks Chilled Mixed Fruit Fresh Fruit Banana Pudding
26 CHICKEN RINGS w/ Gravy Mashed Potatoes Seasoned Green Beans Garden Salad Chilled Peaches Wheat Roll	27 GRILL CHICKEN on Bun HOT DOG Baked Beans / Baked Chips Lettuce and Tomato Salad Pickle Spears Chilled Peas Chocolate Pudding	28 CHICKEN SPAGHETTI STEAKFINGERS Orange Glazed Carrots California Blend Garden Salad Chilled Mixed Fruit Wheat Roll	29 BEEFY NACHOS TACO PIE Fiesta Rice Season Pinto Beans Steamed Broccoli Lettuce and Tomatoes Chilled Fruit Cocktail	30 STEAK FINGERS w/ gravy Tatar Tots Glazed Carrots Seasoned Green Peas Chilled Pineapple Tidbits Fresh Fruit Cookie

**Available Daily
Grades PK-5
Fun Lunch Options**

Monday: **MINI CORN DOG**
Mustard/ Pickles,
Animal Crackers,
Baked Chips, Apple Juice

Tuesday: **CHEESEBURGER**
Baked Chips, Hamburger Salad
Fresh Fruit (Apple or Orange)
Mustard / Ketchup / Animal Crackers

Wednesday: **HOT DOG**
Baked Chips, Juicy-Juice
Carrot sticks w/lite Ranch
Choc Chip Cookie

Thursday: **DELI HAM and
CHEESE on Hot Dog Bun**
Baked Chips, Broccoli w/ Lite Ranch
Peach Cup
Teddy Graham Crackers

Friday: **CHICKEN NUGGETS**
Carrots w/ Lite Ranch
Fruit Cup, Ketchup
Graham Crackers

Grab n Go SALADS

Available DAILY ...
W/ Fruit, Dressing and Crackers

Mon: **CHICKEN FAJITAS**

Tues: **CHEF - (Turkey of Ham
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Wed: **CRISPY CHICKEN**

Thurs: **BEEF TACO SALAD**

Fri: **POPCORN CHICKEN**

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