

January 2012

Canadian Elementary School Lunch Menu **Prk-5th Grade**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Available Daily Grades PK-5 Fun Lunch Options
CES and BES Student Breakfast \$1.00 Student Lunch \$1.75 Adult Breakfast \$1.25 Adult Lunch \$3.00 Visitor Lunch \$4.00				5 TWIN CRISPY TACOS CHICKEN FAJITAS SPANISH RICE CORN AND GLAZED CARROTS LETTUCE AND TOMATO JELL-O WITH FRUIT	6 Chicken Patty on A Bun Tater Tots Baked Beans Green Beans Fresh Orange Smiles Cookies	MONDAY CHEESE BURGER Mustard/Mayo Hamburger Pickles, Animal Crackers Baked Chips, Apple Slices
CMS and CHS Student Breakfast \$1.00 Student Lunch \$2.00 Adult Breakfast \$1.25 Visitor Breakfast \$1.50 Adult Lunch \$3.00 Visitor Lunch \$4.00	9 Orange Chicken /Egg Roll Bar B Q Beef on a Bun Oriental Blend Vegetables Garden Salad Mixed Fruit Cake	10 Baked Potatoes w/ cheese ,Broccoli and Chicken Mashed Potatoes Popcorn Chicken w/ Gravy Seasoned Green Beans Pineapple Tidbits Wheat Roll	11 Chicken Pot Pie Grilled Cheese Sandwiches Tomato Soup Seasoned Green Beans Garden Salad Apples Slices Cookies	12 BEEFY NACHOS WILDCAT WRAP SEASONED PINTO BEANS STEAMED BROCCOLI FRESH ORANGE SMILES LETTUCE AND TOMATO	13 <i>Grilled Chicken</i> <i>Mac and Cheese</i> <i>Baked Beans</i> <i>Carrot Sticks</i> <i>Garden Salad</i> <i>Fresh Orange Smiles</i>	TUESDAY Chicken Nuggets Ketchup, Carrot Stick w/ Lite Ranch, Fruit Cup, Graham Crackers
Student Visitor Breakfast \$1.50 Lunch \$2.50 2 nd Tray \$1.75	16 <i>Chicken Quesadilla</i> <i>Spanish Rice</i> <i>Sloppy Jo</i> <i>Seasoned Corn</i> <i>Italian Blend Vegetables</i> <i>Garden Salad</i> <i>Blushing Pears</i>	17 <i>Spaghetti w/ Meat sauce</i> <i>Chicken Rings</i> <i>Corn on Cobb/Peas</i> <i>Garden Salad</i> <i>Blushing pears</i> <i>Garlic Bread</i>	18 Home-style Pizza Pepperoni/Cheese Broccoli Normandy Garden Salad Fresh Apple Slices Strawberry Short Cake	19 Salisbury steak W/ Brown Gravy Steak fingers w/gravy Mashed Potatoes Mixed Vegetables Pineapple Tidbits Wheat Roll	20 <i>Popcorn Chicken w/Gravy</i> <i>Baked Potato Wedges</i> <i>Green Peas</i> <i>Glazed Carrots</i> <i>Chilled Peaches</i>	WEDNESDAY Deli Ham & cheese on a Hot dog Bun Chips, Juicy-Juice, Cucumber/ Carrot sticks w/Lite Ranch Choc Chip Cookie
	23 Mexicali Chili Mac Chicken Tenders Mashed Potatoes w/Gravy Italian Blend Vegetables Seasoned Corn Garden Salad Wheat Roll	24 Kick'n BBQ Chicken Hot Ham & Cheese Sandwich w/Baked Chips Baked Beans Carrot Sticks w/Ranch Chilled Peaches Cookie	25 Home-style Pizza Pepperoni/Cheese Peas & Carrots Garden Salad Fresh Apple Slices Cake	26 Corn Chip Pie Chicken Spaghetti Broccoli Normandy Corn on the Cob Garden Salad Rosy Applesauce Garlic Bread	27 <i>Early Release Day</i> <i>Cheeseburger</i> <i>Baked Chips</i> <i>Carrot Sticks w/Ranch</i> <i>Fresh Fruit</i> <i>Animal Crackers</i>	THURSDAY Burrito w/ cheese cups Baked Chips Carrot Sticks w/ Ranch String Cheese Sticks Apple Slices / Animal Crackers
	30 Broccoli & Beef w/Steamed Rice & Egg Roll Popcorn Chicken Mixed Vegetables Garden Salad Chilled Mixed Fruit Wheat Roll	31 Taco Pie Pig-n-Blanket Chicken Noodle Soup Spanish Rice Carrot Coins Lettuce & Tomato Salad Chocolate Pudding				FRIDAY Corn Dogs Baked Chips Mustard Fruit cups animal crackers Carrot sticks w/lite ranch Grab n Go SALADS Available DAILY ... W/ Fruit, Dressing and Crackers Mon: CHICKEN FAJITAS Tues: CHEF - (Turkey of Ham) Wed: CRISPY CHICKEN Thurs: BEEF TACO SALAD Fri: POPCORN CHICKEN

Variety of Milk offered Daily
1% White Milk and Fat Free Chocolate Or Strawberry And 100% Juice

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Walker Quality Services – Cycle -A – Fall Menu (10-15-2011)