

DECEMBER 2011

Canadian Middle & High School Lunch Menu **SECONDARY 6th-12**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Twin Crispy Tacos Soft Tacos Spanish Rice Corn and glazed carrot Lettuce and Tomato Jell-o With Fruit	2 Chicken Patty On A Bun Tater Tots Baked Beans Fresh Orange Smiles Cookies
5 Orange Chicken w/egg roll Bar B Q Beef On a Bun Oriental Blend Vegetables Garden salad Mixed Fruit/Cake	6 Spaghetti w/ Meat Sauce Cheesy Chicken and Rice Corn on Cobb /Peas Garden Salad Blushing Pears Garlic Bread	7 Chicken Pot Pie Grilled Cheese Sandwiches Tomato Soup Seasoned Green Beans Garden Salad Apples Slices Cookies	8 SALISBURY STEAK W/BROWN GRAVY STEAK FINGERS W/GRAVY MASHED POTATOES MIXED VEGETABLES PINEAPPLE TIDBITS WHEAT ROLLS	9 Grilled Chicken Mac and Cheese Baked Beans Carrot Sticks Garden Salad Fresh orange Similes
12 Chicken Quesadilla Spanish rice Sloppy Joe Corn/Italian Blend Veg. Garden Salad Blushing Pears	13 Baked Potatoes w/Broccoli cheese and Chicken Popcorn Chicken w/ Gravy Mashed Potatoes Seasoned Green Beans Pineapple Tidbits Wheat roll	14 Homestyle Pizza Pepp/cheese Beef Ravoli Corn Broccoli Normady Garden Salad Fresh slice Apples Cake	15 BEEFY NACHOS CHICKEN FAJITAS SEASONED PINTO BEANS STEAMED BROCCOLI FRESH ORANGE SMILES LETTUCE AND TOMATO	16 Steak Fingers Potato Wedges Baked Beans Corn On Cobb Chilled Peaches
19 <i>Managers Choice</i> <i>No Salads</i>	20 <i>Managers Choice</i> <i>No Salads</i>	21 <i>Early Release Day</i> Cheese Burger Baked Chips Carrot Sticks w/Ranch Dressing Fresh Apple Animal Crackers	22 MERRY CHRISTMAS	23 HOLIDAY
26 HOLIDAY	27 HOLIDAY	28 HOLIDAY	29 HOLIDAY	30 HOLIDAY

CES and BES
Student Breakfast \$1.00
Student Lunch \$1.75
Adult Breakfast \$1.25
Adult Lunch \$3.00
Visitor Lunch \$4.00

CMS and CHS
Student Breakfast \$1.00
Student Lunch \$2.00
Adult Breakfast \$1.25
Visitor Breakfast \$1.50
Adult Lunch \$3.00
Visitor Lunch \$4.00

Student Visitor
Breakfast \$1.50
Lunch \$2.50
2nd Tray \$1.75

Variety of Milk Offered Daily
1% White Milk and Fat Free Chocolate Or Strawberry And 100% Juice

Available Daily
Grades PK-5
BASKETS to GO and GRAB ~N~ GO SALADS
Available Daily
Grades 6 - 12th
Jr. High/High School

*Baskets are served w/one of the following BAKED choices:
Potato Smiles, Tater Tots, French Fries, Potato Wedges or Baked Chips*

Monday Basket
CHEESE BURGER
Served w/ Tater Tots

Tuesday Basket
Chicken on a Bun
Baked Chips & Corn on Cobb

Wednesday Basket
Stuffed Baked Potato
w/ Bar B Q Beef

Thursday Basket
Hamburger
Baked Chips

Friday Basket
Toasted Cheese Sandwiches
Baked Chips & Corn on Cobb

Grab n Go SALADS
Available DAILY ...
W/ Fruit, Dressing and Crackers

Mon: **CHICKEN FAJITAS**
Tues: **CHEF - (Turkey of Ham)**
Wed: **CRISPY CHICKEN**
Thurs: **BEEF TACO SALAD**
Fri: **POPCORN CHICKEN**

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Walker Quality Services – Cycle -A – Fall Menu (10-15-2011)