

# DECEMBER 2011

## Canadian Elementary School Lunch Menu **Prk-5th Grade**

|  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  | Available Daily<br>Grades PK-5<br><b>Fun Lunch Options</b>  |
|--|---|---|---|--|---|---|
| <b>CES and BES</b><br>Student Breakfast \$1.00<br>Student Lunch \$1.75<br>Adult Breakfast \$1.25<br>Adult Lunch \$3.00<br>Visitor Lunch \$4.00                             |   |   |   | 1<br>TWIN CRISPY TACOS<br>CHICKEN FAJITAS<br>SPANISH RICE<br>CORN AND GLAZED<br>CARROTS<br>LETTUCE AND TOMATO<br>JELL-O WITH FRUIT   | 2<br>Chicken Patty on A Bun<br>Tater Tot<br>Baked Beans<br>Green Beans<br>Fresh Orange Smiles<br>Cookies      | <b>MONDAY</b><br><b>CHEESE BURGER</b><br>Mustard/Mayo Hamburger Pickles,<br>Animal Crackers<br>Baked Chips, Apple Slices  |
| <b>CMS and CHS</b><br>Student Breakfast \$1.00<br>Student Lunch \$2.00<br>Adult Breakfast \$1.25<br>Visitor Breakfast \$1.50<br>Adult Lunch \$3.00<br>Visitor Lunch \$4.00 | 5<br><b>Orange Chicken /Egg Roll</b><br><b>Bar B Q Beef on a Bun</b><br><b>Oriental Blend Vegetables</b><br><b>Garden Salad</b><br><b>Mixed Fruit/ Cake</b> | 6<br>Spaghetti w/ Meat sauce<br>Cheesy Chicken and Rice<br>Corn on Cobb/Peas<br>Garden Salad<br>Blushing pears<br>Garlic Bread                                    | 7<br><b>Chicken Pot pie</b><br><b>Grilled Cheese Sandwiches</b><br><b>Tomato Soup</b><br><b>Seasoned Green Beans</b><br><b>Garden Salad</b><br><b>Apples Slices</b><br><b>Cookies</b> | 8<br><b>SAISBURY STEAK</b><br><b>W/ BROWN GRAVY</b><br><b>STEAK FINGERS W/GRAVY</b><br><b>MASHED POTATOES</b><br><b>MIXED VEGETABLES</b><br><b>PINEAPPLE TIDBITS</b><br><b>WHEAT ROLLS</b> | 9<br>Grilled Chicken<br>Mac and Cheese<br>Baked Beans<br>Carrot Sticks<br>Garden Salad<br>Fresh Orange Smiles | <b>TUESDAY</b><br><b>Chicken Nuggets</b><br>Ketchup,<br>Carrot Stick w/ Lite Ranch, Fruit Cup,<br>Graham Crackers   |
| Student Visitor<br>Breakfast \$1.50<br>Lunch \$2.50<br>2 <sup>nd</sup> Tray \$1.75   | 12<br><b>Chicken Quesadilla</b><br><b>Spanish Rice</b><br><b>Sloppy Jo</b><br><b>Corn/Italian Blend Veg</b><br><b>Garden Salad</b><br><b>Blushing Pears</b> | 13<br>Baked Potatoes<br>w/ cheese ,Broccoli and chicken<br>Mashed Potatoes<br>Popcorn Chicken w/ Gravy<br>Seasoned Green Beans<br>Pineapple Tidbits<br>Wheat Roll | 14<br><b>Homestyle Pizza</b><br><b>Pepp/cheese</b><br><b>Beef Ravoli</b><br><b>Broccoli Normady</b><br><b>Garden Salad</b><br><b>Fresh Apple Slices</b><br><b>Cake</b>                | 15<br>BEEFY NACHOS<br>CHICKEN FAJITAS<br>SEASONED PINTO BEANS<br>STEAMED BROCCOLI<br>FRESH ORANGE SMILES<br>LETTUCE AND TOMATO   | 16<br>Steak Fingers w/Gravy<br>Baked Potato Wedges<br>Baked Beans<br>Corn On Cobb<br>Chilled Peaches          | <b>WEDNESDAY</b><br><b>Deli Ham &amp; cheese on a Hot dog</b><br><b>Bun</b><br>Chips, Juicy-Juice, Cucumber/ Carrot<br>sticks w/lite Ranch<br>Choc Chip Cookie  |
|  | 19<br><b>Managers Choice</b><br><b>No Salad</b>   | 20<br><b>Managers Choice</b><br><b>No Salad</b>   | 21<br>Early Release<br>Cheese Burgers<br>Baked Chips<br>Carrot Sticks w/Ranch Dressing<br>Fresh Apple Slices<br>Animal Crackers   | 22<br><b>MERRY</b><br><b>CHRISTMAS</b>   | 23<br><b>Holiday</b>  | <b>THURSDAY</b><br><b>Burrito w/ cheese cups</b><br>Baked Chips<br>Carrot Sticks w/ Ranch<br>String Cheese Sticks<br>Apple Slices / Animal Crackers   |
|  | 26<br><b>HOLIDAY</b>  | 27<br><b>HOLIDAY</b>  | 28<br><b>HOLIDAY</b>  | 29<br><b>HOLIDAY</b>   | 30<br><b>HOLIDAY</b>  | <b>FRIDAY</b><br><b>Corn Dogs</b><br>Baked Chips Mustard<br>Fruit cups animal crackers<br>Carrot sticks w/lite ranch<br><br><b>Grab n Go SALADS</b><br>Available DAILY ...<br>W/ Fruit, Dressing and Crackers<br><br>Mon: <b>CHICKEN FAJITAS</b><br>Tues: <b>CHEF - (Turkey of Ham)</b><br>Wed: <b>CRISPY CHICKEN</b><br>Thurs: <b>BEEF TACO SALAD</b><br>Fri: <b>POPCORN CHICKEN</b> |

Variety of Milk offered Daily  
1% White Milk and Fat Free Chocolate Or Strawberry And 100% Juice

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Walker Quality Services – Cycle -A – Fall Menu (10-15-2011)