



CMS & CHS Lunch Menu

**MILK Offered Daily**  
1% White and Fat Free Chocolate Strawberry

<http://www.choosemyplate.gov/>

**PRICES**  
**CES & BES**  
Student Brk \$1.00  
Student Lunch \$1.75  
Adult Brk \$1.25  
Adult Lunch \$3.00  
Visitor Lunch \$4.00

**CMS & CHS**  
Student Brk \$1.00  
Student Lunch \$2.00  
Adult Brk \$1.25  
Adult Lunch \$3.00  
Visitors Lunch \$4.00

**Student Visitor**  
Breakfast \$1.50  
Lunch \$2.50  
2<sup>nd</sup> Tray \$1.75

**FOR YOUR FYI**  
In season:  
Grapefruit  
Oranges  
Clementine  
Broccoli  
Cauliflower  
Cabbage  
First Paper Money issued 1690

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|--|--|--|--|
|  |  | <b>1</b><br><b>HOMESTYLE PIZZA</b><br>( Pepperoni or Cheese)<br><b>BEEF RAVIOLI</b><br>Seasoned Corn<br>Glazed Carrots<br>Garden Salad<br>Fresh Orange Smiles<br>Garlic Bread  | <b>2</b><br><b>TACO SALAD BOWL</b><br><b>CHICKEN FAJITAS</b><br>Season Pinto Bean<br>Spanish Rice<br>Lettuce and Tomato<br>Chilled Pineapple Tidbits<br>Chocolate Chip Cookies                                   | <b>3</b><br><b>SLOPPY JOE ON BUN</b><br>Baked Beans<br>Corn on Cobb<br>Baked Chips<br>Oriental Vegetables<br>Garden Salad<br>Chilled Peaches & Pears |
| <b>6</b><br><b>GENERAL TSO CHICKEN</b><br>Steamed Rice & Egg Roll<br><b>CHICKEN FRIED STEAK</b><br>Mashed Potatoes / Gravy<br>Peas and Carrots<br>Garden Salad<br>Chilled Mixed Fruit/Wheat Roll | <b>7</b><br><b>SALISBURY STEAK</b><br><b>TOASTED CHEESE SANDWICH</b><br>Tomato Soup<br>Scallop Potatoes<br>Seasoned Green Beans<br>Fresh Orange smiles / Wheat Roll<br>Chocolate Pudding   | <b>8</b><br><b>HOMESTYLE PIZZA</b><br>( Pepperoni or Cheese)<br><b>CHICKEN ALFREDO over Pasta</b><br>California Blend<br>Glazed Carrots<br>Garden Salad / Garlic Bread<br>Rosy Applesauce                                  | <b>9</b><br><b>NACHOS w/ Ground Beef</b><br><b>WILDCAT WRAP</b><br>Season Pinto Beans<br>Mexicali Corn<br>Broccoli w/ Cheese<br>Lettuce and Tomatoes<br>Fruited Strawberry Jell-0                                | <b>10</b><br><b>POPCORN CHICKEN</b><br>w/GRAVY<br>Seasoned Spinach<br>Sweet Peas<br>Garden Salad<br>Blushing Pears<br>Corn Bread                     |
| <b>13</b><br><b>CHICKEN QUESADILLAS</b><br><b>BAKED POTATO w/CHICKEN</b><br>Corn on Cobb<br>Broccoli w/ Cheese<br>Garden Salad<br>Garlic Bread Sticks<br>Chilled Apricots Halves                 | <b>14</b><br><b>CHICKEN SPAGHETTI</b><br><b>TACO SOUP</b><br>w/ Corn Bread<br>Green Peas<br>Orange Glazed Sweet Potatoes<br>Garden Salad<br>Chilled Mixed Fruit<br>Chocolate Chip Cookie   | <b>15</b><br><b>HOMESTYLE PIZZA</b><br>( Pepperoni or Cheese)<br><b>SPAGHETTI w/ MEATSAUCE</b><br>Seasoned Green Beans<br>Corn on Cobb<br>Garden Salad<br>Fruited Jell-0<br>Garlic Bread Sticks                            | <b>16</b><br><b>TWIN CRISPY TACOS</b><br><b>CHICKEN FAJITAS</b><br>Seasoned Pinto Beans<br>Steamed Broccoli<br>w/ Cheese<br>Spanish Rice<br>Lettuce and Tomatoes Salad<br>Chilled Mandarin Oranges               | <b>17</b><br><b>ORANGE CHICKEN</b><br>w/ Steamed Rice and Egg Roll<br>Seasoned Mixed Veggies<br>Garden Salad<br>Chilled Peaches<br>Sugar Cookie      |
| <b>20</b><br><b>OVEN BAKED CHICKEN</b><br><b>SALISBURY STEAK</b><br>Au Gratin Potatoes<br>Black-eye Peas<br>Glazed Carrots<br>Chilled Mixed Fruit<br>Wheat Roll                                  | <b>21</b><br><b>KICKIN BAR Q CHICKEN</b><br><b>CHICKEN AND SAUSAGE</b><br><b>GUMBO</b> w/ Crackers<br>Baked Beans / Corn on Cobb<br>Potato Salad<br>Chilled Tropical Fruit<br>Sugar Cookie | <b>22</b><br><b>HOMESTYLE PIZZA</b><br>( Pepperoni or Cheese)<br><b>Ravioli</b><br>California Blend<br>Seasoned Squash<br>Garden Salad<br>Fresh Apples<br>Peach Crisp  | <b>23</b><br><b>CHICKEN FRIED STEAK</b><br><b>FINGERS</b><br><b>CHICKEN RINGS</b><br>Mashed Potatoes / Gravy<br>Seasoned Green Beans<br>Glazed Carrots<br>Chill Peaches / Wheat Roll<br>Lettuce and Tomato Salad | <b>24</b><br><b>FISH &amp; CHIPS</b><br>w/Tartar Sauce<br>Mac & Cheese<br>Sweet Potato Fries<br>Steamed Carrots<br>Chilled Pineapple Tidbits         |
| <b>27</b><br><b>HAMBURGER ON A BUN</b><br><b>CHICKEN TENDERS w/ Gravy</b><br>Scalloped Potatoes<br>Seasoned Green Beans<br>Glazed Carrots<br>Hamburger Salad<br>Blushing Pears<br>Wheat Roll     | <b>28</b><br><b>Toasted HAM AND CHEESE</b><br>Tomato Soup<br>CHICKEN SPAGHETT<br>Mixed Vegetables<br>Garden Salad<br>Chilled Mixed Fruit<br>Wheat Roll                                     | <b>29</b><br><b>HOMESTYLE PIZZA</b><br>( Pepperoni or Cheese)<br><b>ITALIAN CHILI MAC</b><br>Orange Glazed Sweet Potatoes<br>Broccoli Normandy<br>Garden Salad<br>Fresh Orange Smiles/ Wheat Roll<br>Chocolate Chip Cookie |  |  |

**Available Daily**  
Grades PK-5  
**BASKETS to GO and GRAB-N-GO SALADS**  
Available Daily  
Grades 6 -12<sup>th</sup>  
Jr. High/High School

*Baskets are served w/one of the following BAKED choices:  
Potato Smiles, Tater Tots,  
French Fries, Potato Wedges or  
Baked Chips*

**Monday Basket**  
**Cheeseburger**  
Served w/Potato Gems

**Tuesday Basket**  
**Chicken on a Bun**  
Baked Chips & Corn on Cobb

**Wednesday Basket**  
**Baked Potato**  
w/Bar BQ Beef or Chicken

**Thursday Basket**  
**Hamburger**  
Baked Chips

**Friday Basket**  
**Bar BQ on a Bun**  
Baked Chips & Corn on Cobb

**Grab-n-Go SALADS**  
Available DAILY ...  
W/ Fruit, Dressing and Crackers  
Mon: **Grill Chicken**  
Tues: **CHEF - (Turkey of Ham)**  
Wed: **Crispy Chicken**  
Thurs: **Beef Taco Salad**  
Friday: **Popcorn Salad**

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Walker Quality Services – Cycle -B – Spring Menu 2012